



## Mary Nestor-Harper

*In today's economy, you need an expert who knows about business success and has done it in the real world with proven results.*

Drawing on Mary Nestor-Harper's 20 years of experience as a supervisor, manager and trainer with companies such as the Marriott Corporation and her background as a financial analyst, her company MJNH Consulting, has taken her to over 43 of the 50 States, the UK, Virgin Islands, Jamaica and Puerto Rico.

Mary is a no-nonsense, straight-talking keynote speaker who challenges her audiences but is always engaging. She uses her sometimes off-beat, sometimes poignant, but always interesting business and personal life experiences so you get the real deal...someone who has been there and done it. Mary has the ability to work with all levels within a company.

Mary has appeared many times on radio and television. She has written hundreds of articles published in print and digital media including *Training Magazine*, *Focus*, *Gannett News Service* and the *Savannah Morning News*. Her team building exercise, "Life Links," was featured in *Training and Development Magazine*.

### Contact

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**Speaker / Author / Consultant**

### Credentials

- Certified Senior Professional in Human Resource (SPHR)
- Certified Society for Human Resource Management (SHRM-SCP)
- Member National Speakers Association for 20 years
- Toastmasters First Place winner

### Speeches

- Somebody Has to Say It
- Soft Skills that Lead to Hard Profits
- Hire Slow – Fire Fast
- All You Care to Achieve
- Drink, Pour or Put a Lid on It  
*Time Management*

“...the **enthusiasm** and **passion** that Mary infused into her work was infectious. In fact, the chemical operators that she was training weren’t the only ones that learned from her; as a project engineer on the same site, I also learned a great deal from her about going **above and beyond** to take care of the client’s structural and institutional needs.”

–Bob Harmon - Director of Projects, Hipp Engineering & Consulting, Inc.

**“Your planning, deep understanding of time management and unique method of presenting the subject not only made it informative but entertaining. The analogy of the water being time will stay with me forever.”** –Georgia Institute of Technology

“All the feedback from the participants...was outstanding. Your ability to keep the group engaged and participating added to the learning process and really made the workshops enjoyable.”

–NutraSweet Company

“Your presentation was stupendous! You are truly an inspiring and delightful person. Thank you for sharing your passion and enriching our lives.”

–The Executives’ Council

“Mary provides serious career coaching with practical, common sense advice about interviews, networking, job fairs, and after-hours business events for job seekers. Her years as an HR executive allow her to give advice that reflects how the world really works and what to do to work the system to maximize your job search.”

–Millicent Pitts, Founding Principal and Producer, Ageless Media Network



## Clients Include

- SHRM
- ASTD
- Marriott Hotels
- NASA
- Monsanto Company
- NutraSweet Company
- Coca-Cola Bottling Co.
- American Association of Occupational Health Nurses (AAOHN)



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